

PERFECT START

Creamy Coconut Powder

DIETARY SUPPLEMENT

Perfect Start is a low sugar, high protein creamer made from healthy coconut fat that contains MCTs (medium chain triglycerides), which help you feel full, access your own body fat for energy, and increase your mental clarity.

BENEFITS

- Long-lasting, sustainable energy
- Lose body fat by reducing sugars and increasing optimal fatty acids
- Feel enhanced immune function
- Better mental clarity
- Feel fuller longer
- Cuts sugary cravings
- Reduce belly fat and bloat
- Supports natural weight loss

WHAT PERFECT START PROVIDES

Clean eating at its best! No artificial sweeteners or flavors. Up with fats and down with sugar. Perfect Start contains the good fats we need to have great energy without all the sugar. It also contains a majority of C8 – the rarest and most valuable of all the MCT's. Supports a healthy, low sugar lifestyle.

FEATURES

- 0 Sugar, 3 G Protein, 10 G Essential Fat in each serving
- No refrigeration needed
- Natural vanilla flavor
- No added sugars or artificial sweeteners
- Free of artificial flavors and colors
- Doctor formulated
- Easy to blend into beverages

GREAT FOR PEOPLE WHO:

- Are interested in losing body fat
- Find themselves snacking throughout the day
- Follow a Keto or low-carb diet
- Anyone who wants to feel sharp and energetic



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



SUPPLEMENT FACTS

Serving Size: (16g)

Servings Per Container: 30

Perfect Start: 9910064	Amount Per Serving	% Daily Value*
Calories	110	
Total Fat	10 g	13%
Saturated Fat	10 g	50%
<i>Trans Fat</i>	0 g	
Cholesterol	0 mg	0%
Sodium	50 mg	2%
Total Carbohydrate	2 g	1%
Dietary Fiber	0 g	0%
Total Sugars	0 g	*
Includes 0g Added Sugars		0%
Protein	3 g	
Vitamin D	0 mcg	0%
Calcium	1 mg	0 %
Iron	0 mg	0 %
Potassium	69 mg	2 %

*The % Daily value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

Other Ingredients: Medium Chain Triglycerides (MCT's), Coconut oil powder, Natural flavors, Betaine Anhydrous (as trimethylglycine), Potassium citrate, Potassium Glycinate Complex, L-Serine, Uridine, Stevia

DIRECTIONS: Thoroughly mix 1 to 2 servings per day into a hot beverage or smoothie.

DOSAGE INSTRUCTIONS: Begin by taking 1/2 of 1 scoop (1/2 Serving). Build up to a full scoop (Full Serving) to avoid digestive distress. Consider taking the vegetable-based digestive enzymes in Re:Absorb if discomfort occurs.

STORAGE: Store at 59-86°F (15-30°C) Protect from heat, light and moisture. No refrigeration needed. This package is sold by weight, not volume. Some settling of contents may occur.

WARNING: Keep out of reach of children. Consult with your physician before taking this product if you have a medical condition, are taking medication, are pregnant or breastfeeding.

WARNING: California Residents Proposition 65

Ready to order?

**Contact your Vollara Associate or contact
Vollara Customer Service at 800.989.2299
or visit us online at vollara.com.**

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